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Thursday, August 4, 2016

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Annual
art
showcase
a success **2**



Peach
celebrations
planned
for next
weekend **3**

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Fun in Wonderland

FRED MERRICK/SPECIAL TO THE NIAGARA ADVANCE
The Wonderland Faire held on the grounds of the Shaw Festival was held Monday. The Alice in Wonderland-themed event featured a variety of activities such as face painting, a clothing booth, rummage sale, bake sale, games and refreshments. Pictured in this photo, a Shaw Festival actress paints Charlie Bretzloff's face.

Pressgang Mutiny
Sunday August 7



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Buechner**
Monday August 8



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Niagara Pumphaus Arts Centre hosts another successful showcase

KRIS

Special to the Niagara Advance

The Niagara Pumphaus Arts Centre's annual Art by the Lighthouse on the weekend was still impacted by rain on Sunday – but was still a success.

In its 11th year, the original art show and sale showcased the work of 40 artists at the arts centre, which is the oldest surviving pumphouse in Niagara, built in 1891.

Rima Boles, director at the centre, said she was pleased with the turnout at

the "rain or shine" event, held inside the historic building as well as in an outdoor area.

Boles has been involved for the last two editions of the annual artistic celebration and says that it always growing in popularity.

It's become an anticipated

gathering for people from all over Niagara and the surrounding areas.

"We've certainly increased the show over the years," she said.

The event features paintings, sculptures, photography, jewellery and several other types of original

creations from the talented minds of the involved professional artists.

The pumping station supplied water to local residents from 1891 to 1983.

Through a community campaign, the decommissioned building along the banks of the Niagara River

was restored and converted into the arts hub it is today.

The centre offers year-round educational programs, along with many other events.

Visit www.niagarapumphaus.ca for more information.

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Artist Brenda Stonehouse at the Niagara Pumphaus Arts Centre's event on the weekend.

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Peach season in full swing

JENNIFER CHORNLEY
Special to the Niagara Advance

With the peach season in full harvest, volunteers from the St. Vincent de Paul Church are now in full baking mode for its upcoming Peach Festival.

Volunteers have begun the process of making the much sought-after jam and peach pies for the event, which has been planned for Sunday, Aug. 14 from 10:30 a.m. to 3:30 p.m. on the grounds of St. Vincent de Paul Church on Picton St.

The festival is attended by thousands of people each year.

"It's not only the locals who attend, but also the dedicated tourists that come for the festival each year," says Maria Bau-Coote, church volunteer.

MaryAnn Bryczka, Peach Festival Committee member, extends credit to the numerous church volunteers who assist making the pies and jam each year.

Bryczka has been the head pie maker for the Peach Festival for the past three years.

"MaryAnn makes amazing pastry," Bau-Coote said. "So, I asked her if she would like to do this three years ago and she is still doing it today."

Bryczka explains that the sales from the Peach benefit help with the upkeep of the Parish hall. This past year, the parish was able to upgrade the kitchen's refrigeration system and install a stair lift, making the hall more accessible for individuals with mobility challenges.



JENNIFER CHORNLEY/SPECIAL TO THE NIAGARA ADVANCE
Peach Festival committee member and head pie maker MaryAnn Bryczka and volunteer Maria Bau-Coote prepare the jars of peach to be sold at the annual St. Vincent de Paul Peach Festival on Aug. 14.

en's refrigeration system and install a stair lift, making the hall more accessible for individuals with mobility challenges.

The Peach Festival will see the return of many favourites, including entertainment by Linda and Jackie, the traditional barbecue and fresh corn, kids' crafts, Pig Out and the St. John Ambulance Therapy Dogs. The Elephant table will open at 8:30 a.m.

In addition to the pies and baskets of fresh peaches, there will be peach punks, peach jam, peach pie by the slice, peach sandwiches and crepes.

WWW.NIAGARAADVANCE.CA

NOTICE

TO FORMER CLIENTS OF MARK FRANCIS DEDINSKY, DECEASED

TAKE NOTICE THAT, pursuant to an Order of the Ontario Superior Court of Justice dated August 2, 2016 the Law Society of Upper Canada was appointed Trustee of the professional business ("law practice") of Mark Francis Dedinsky, Deceased.

Please be advised that all Wills, Codicils, Powers of Attorney which were in the possession of Mark Francis Dedinsky, Deceased Barrister & Solicitor for safekeeping have been transferred to and are now in the possession of:

Robert Welch
Lancaster, Brooks & Welch LLP
Barristers & Solicitors
800-80 King Street
ST. CATHARINES, Ontario
L2R 6Z1

Telephone: (905) 641-1551

Fax: (905) 641-1830

Please direct all inquiries to Robert Welch, Barrister & Solicitor.



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Chamber set to celebrate peach farmers

JENNIFER CHORNLEY
Special to the Niagara Advance

The peaches have arrived and will be tumbling out to Queen Street on Saturday, Aug. 13 in their sweetest forms.

The Niagara-on-the-Lake Chamber of Commerce invites everyone to its annual

Peach Celebration.

Various Queen Street bakeries and merchants, plus local churches, will again be setting up in the Heritage District preparing and selling as variety of peachy delights, including pies, smoothies, tarts, gelato, crepes, waffles and salsa. Local producers are selling peaches by

the basket, while retail merchants will be having their sidewalk sales.

The festivities begin at 10 am with a procession lead by the Fort George Pipe and Drum Corps, followed by live entertainment throughout the day until 7 pm. Live entertainment will contain the fan favourites includ-

ing jazz, bagpipes, Celtic music, historical entertainment and more! The Ben Show will perform at various times throughout the and, of course, steamed corn has returned as well.

Another fan favourite is the peach pie contest, which takes place in front of the Courthouse at noon.

Local residents if you would like to participate, deliver your baked pie between 10 am to 11:30 am to the Chamber of Commerce at 26 Queen Street, Lower Level.

The festivities don't end there.

On Sunday, August 14, the annual Shades of Summer Harvest Dinner will

take place, with nearly 1,000 guests attending.

Held outdoors on Queen Street, guests will enjoy dinner and wine underneath the stars in a heritage setting, complemented with ambient music performed by Flat Broke.

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Comment



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The
Niagara Advance

Penny Conradi regional editor
Peter Coles Editor

Signs are showing summer is at the half way point

August is upon us and it signals the half way point in our summer season.

Intellectually I know this but there are markers that create visual and emotional responses, in case I haven't been watching my calendar.

I felt the first this week when I drove by the 'Sunflower Lady' who sets up her stand on Stone Road close to the Fruit Shack each year.

Her sunflowers make a stunning display, followed by the stunning emotional whosoh that the summer will be coming to an end. But I stop and buy the bounty that cheers up my living room. We spend April planning, and in May, June and July we frantically plant, dig up and move, weed, clip.

By this time whatever we've done is now on display so we must enjoy it as long as we can. For those of us with newer gardens or perennial antyness, this is the time to get a notebook and mark our mistakes, and what we will change next year. But this is easily done from the comfort of our deck, and we do have to enjoy the rest of the summer.

Mother Nature never lets us sit long in one spot however. She left us somewhat free of the dreaded mosquitoes this year with all the dry weather. I know this because I am a mosquito magnet despite the use of deet and other gadgets like the Off fan hanging off my belt. August though is the month that the little critters really get going, as they, too, sense the beginning of the end. This month and September are the biggest months for outbreaks of the West Nile virus, and even though we haven't had a lot of rain, the mosquitoes are back to biting. Ten bites this weekend and still counting. So I read with interest an initiative by the District of Taylor in British Columbia. Mayor Rob Fraser has misted the baseball diamonds with a garlic spray and plans a second spray soon.

This is a commercial spray that supposedly can kill mosquito larvae, while leftover sulphurs in the spray can offend the mosquitoes, bees and blackflies and can deter them for weeks. Huntsville, Ont. has also tried this spray for the G8 conference a few years ago. It is not harmful to butterflies, bees, pets or children (though they might smell like aloe for a while). The human nose doesn't detect the smell after an hour or so.

The commercial sprays are costly but there are several home remedies on the internet which you can spray on the



Gardening Tips

plants around your deck or patio.

Worth a try as this is prime garlic season.

First you soak four cloves of garlic in a jar with 1 tsp of mineral or canola oil for one day. (You don't have to watch it). Pour mixture into a sieve over a bowl to strain the garlic out.

Make a concentrate by mixing the infused oil with 1 tsp of dish detergent and 1 pint of water. Dilute 2 Tbs of concentrated mixture in a spray bottle filled with 2 ½ cups of water. Shake bottle well before spraying.

Test the solution on a small area for two days to be sure it doesn't damage foliage. If there are signs of yellowing, dilute the solution further.

This sounds to me like a perfect summer project for bored kids or grandkids. You don't have time to say you're enjoying your garden. It's worth a try so that I can actually finish a meal outdoors.

There's a possibly another benefit as Twilight lovers of the books and movies would have us believe there are scads of vampires in our midst. Perhaps no more. Or perhaps some of our friends will avoid our garden altogether.

Last year I was given a Montauk Daisy by a friend which has glossy leaves and a daisy-like flower which blooms in October and November. There are several of these around town and it's wonderful to see them when the weather is chilly and sometimes after a snow has fallen.

I love plants that thumb their noses at convention. It is indigenous to Japan and here it grows in zones 5 to 9. Plant in full sun in well-drained soil. It can also be used as a plant in rock gardens and in wintercaring. If it gets too leggy, trim it in the summer and divide in early spring. Happy sitting. There'll be work to do in the fall.

Do you remember?



The Niagara World Jamboree took place from Aug. 18 to 28 in 1955. A few days before the grand opening, Hurricane Connie hit town wreaking havoc to many large tents roads and equipment. Fire departments from across the region came to help get things back in order as seen in this partial view of the grandstand.

Letters to the Editor

COMMITTEE THANKFUL FOR SUPPORT

Thank you Niagara-on-the-Lake.

It took a year to get ready for the National stage of our Communities in Bloom competition and with your generous help we were ready. The judges visited from July 21 to the 23 and were thoroughly impressed with our town. They constantly talked about our cleanliness, beauty and hospitality. They had never seen so many historical sites as well used and well maintained as our wonderful locations.

With the support of the community, we were able to plant 300 saplings to replace trees affected by Emerald Ash Borer. We increased the number of plants on public property in all parts of NOTL, including Virgil, Niagara-on-the-Green, St. Davids, Queenstown and the Old Town.

We continued to support the Garden of the Week contest sponsored by the Advance and the Horticultural society; we held 'guerrilla gardening' events to improve unsightly boulevards on King Street; we promoted winter

decorations in every part of town and we managed to cover the boardings outside empty buildings on Queen Street with a fantastic montage of photos of old Queen Street.

Our team also managed to put together a beautiful 27 minute video highlighting these achievements and interviews with community leaders. None of this would have been possible without your help and support of all employees, residents and businesses of Niagara on the Lake.

We wait, fingers crossed until October when the results of the competition will be announced.

Again, thank you so much NOTL and hopefully we will be invited to participate in the International competition.

BETTY DISERO, TONY CHISHOLM, DIANE HEMMINGS, JOHN WIENS, JB HOPKINS AND KEVIN TURCOTTE COMMUNITIES IN BLOOM COMMITTEE

JUDGES IMPRESSED BY BEAUTY OF NOTL

Having worked with the Communities in Bloom Committee when

the two judges toured our municipality earlier this month, I saw firsthand the excellent work done in preparation for this three-day competition event. I was particularly impressed by the precise hour-by-hour organization of the judges' schedule while they were here, and just how much was packed into a very short period of time.

The judges were clearly impressed by this extraordinary undertaking, and demonstrated their enjoyment in seeing a world-class small municipality demonstrating why so many millions of visitors from all over the world want to come here. Special kudos to Kevin Turcotte and JB Hopkins from Town staff, who had the primary responsibility for organizing everything; they kept every session on time and moved apparently effortlessly and with good humour from one session to another. They worked all hours and did an amazing job. Congratulations and thank you.

DAVID F. HEMMINGS

Comment

Exciting exhibitions planned for August at Pumphouse

The Niagara Pumphouse Arts Centre is looking forward to a number of new exhibitions in August. We are also looking forward to our Members' and Students' Show as well as showcasing some local artist and artisan works in our reception area.

We welcome by la société canadienne de l'aquarelle to Niagara-on-the-Lake with a group exhibition featuring a selection of Canadian watercolour paintings from their 33rd season of touring exhibitions.

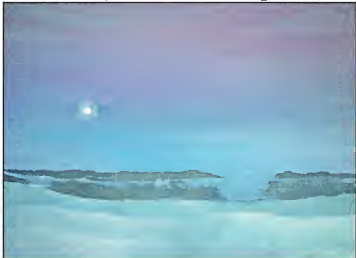
Ken Cosgrove's exhibition *Tapestry* on will be on display Aug. 5 to 28, featuring a selection of new paintings, prints and drawings. *Tapestries* are beautiful, complex works reflecting narratives of events. The exhibition title *Tapestry* is fitting because across all his works, Ken builds on his own history and experi-



ence "to weave a tapestry of technical expertise, passionate creativity and highly personal narrative for all to share". The exhibition showcases all of the artist's passions: print making, life drawing, colour theory and architecture - which all come to life in his paintings. The media he uses ranges from linoleum prints, pen/ink on paper and a true mix of media - acrylic, pastel, pencil, pen - for his paintings. Please join us for an Opening Reception on Sunday Aug. 7, 2 p.m. Everyone is welcome. Refreshments will be served.

Ken Cosgrove was born and raised in Glasgow, Scotland and moved to Canada in 1967.

He studied at Glasgow School of Art and Dundee Institute of Art and Technology. His training was classical and under the influence of artists such as Willie Bone, Mackintosh, Patrick and Josef Sekalski he became a master printmaker and draftsman. His mastery of print making was recognized by the Albright-Knox Art Gallery in Buffalo, New York which included his "De Profundis" edition of five linocut prints as part of the Beyond/In Western New York 2010 biennial. After moving to the Niagara Region in 1968 he started the Graphic Design and Architecture programs at Niagara College. In 1973 he earned his Masters Degree specializing in curriculum design and went on to develop the Visual Creative



Ken Cosgrove's exhibition *Tapestry* on will be on display Aug. 5 to 28.

Art and Design program at Niagara College.

As always, the Pumphouse

is very proud to display a selection of artworks by our members and students to show visitors the artistic talent present in Niagara. We have a variety of artworks in our Members' & Students' Show, as well as a number of works in various media by local artists and artisans in our reception area.

We are looking forward to a special group exhibition by la société canadienne de l'aquarelle, Aug. 19 to 28. La société canadienne de l'aquarelle is a Quebec-

based organization of professional watercolour artists who coordinate an annual touring exhibition. The show primarily exhibits regionally with attendance numbers steadily increasing to about 10,000 people.

2016 marks their 33rd season and The Niagara Pumphouse Arts Centre is thrilled to welcome la société canadienne de l'aquarelle and exhibit a selection of Canadian watercolour paintings in Niagara-on-the-Lake.

Garden of the Week



Klaus Reif, owner of Reif Wineries, hopes to give guests a total sensory experience. Sight, sound, touch and smell associated with wines can be found in this month's Winery 'Garden of the Month' at Reif. The garden is divided to reflect four types of wine from crisp whites to the buttery oaky chardonnay and the easy going Pinots next to the full bold taste of complex reds. Favourites include a herb that smells like an After Eight chocolate mint! Commercial Garden of the month is sponsored by the Advance, Niagara on the Lake Horticultural Society and Communities in Bloom. In August we will judge the front gardens of small businesses. You are welcome to nominate yours, a friend's, neighbour's or any exceptional garden you find by e-mailing ikuchar@notl.org. In July we will judge nominations for gardens at wineries.



Helena and Peter Reddecoy created their country garden with old-fashioned flowers such as rambling hydrangeas and majestic hollyhocks. Now Sarah and her sister pitch in to help them plant the multitude of annuals. So if you want to see colour visit 863 RR2 Line 2. Garden of the Week is sponsored by the Advance, NOTL Horticultural Society and Communities in Bloom. Nominate your garden, a friend's, neighbour's or any exceptional garden you find by e-mailing ikuchar@notl.org.

Letter to the Editor

MAKE SOMEONE SMILE

About 85 deserving people were smiling last week when they received bright yellow happy-faced mugs full of beautiful flowers.

You couldn't help but smile when you looked at this happy arrangement. The Niagara-on-the-Lake Community Palliative Care Service wish to thank VanNoort Florists, its talented floral designers, their flower suppliers and Teleflora for making this happen.

All our clients (almost 70

people) and our volunteers received these smile-inducing arrangements - for our clients it was a moment of happiness in an otherwise challenging life and for our volunteers it was a moment of thanks for all they do to help our clients have a better life. This gesture, again, proves we live in a very caring community.

TERRY MACTAGGART,
PROGRAM
COORDINATOR
NOTL COMMUNITY
PALLIATIVE CARE
SERVICE



1593 Four Mile Creek Road, PO Box 100, Virgil, ON L0S 1T0
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NOTICE OF APPLICATION AND PUBLIC HEARING

1567 Niagara Stone Road, Minor Variance Application A-23/16

Description of the Land and Purpose and Effect of the Application:

The subject land is known municipally as 1567 Niagara Stone Road, lying east of Four Mile Creek Road, Town of Niagara-on-the-Lake. The applicant has applied to the Committee of Adjustment, Application E-27/16, for consent to convey Part 1, which is to be merged with the adjacent property, shown as Part 3 and known municipally as 1561 Niagara Stone Road, for commercial use. Part 2, with one building and one garage enclosure, known municipally as 1567 Niagara Stone Road, is to be retained for commercial use. To accommodate the consent, a variance is requested for property zoned "Virgil Community Zoning District - Village Commercial (VC-1)" as follows:

1. Minimum setback from the westerly interior side lot line from 1.0 metres as required in the Zoning By-law, to 0 metres for the existing driveway and parking area on Part 2 of the application sketch.

PUBLIC HEARING

Date: Thursday, AUGUST 18, 2016
Time: 7:00 p.m.
Place: Council Chambers, Municipal Offices
Town of Niagara-on-the-Lake
1593 Four Mile Creek Road
Niagara-on-the-Lake, Ontario



ADDITIONAL INFORMATION

Additional information regarding the application will be available to the public for inspection at the Community & Development Services Department during regular office hours and may be viewed on the Town website, www.notl.org. Please contact Cathy Macdonald, Secretary-Treasurer Committee of Adjustment: 905-468-3266 ext. 246, cmacdonald@notl.org.

If you wish to be notified of the Committee of Adjustment decision on this application, you must make a written request to: Committee of Adjustment, Secretary-Treasurer, 1593 Four Mile Creek Road, Niagara-on-the-Lake, P.O. Box 100, Virgil, ON, L0S 1T0, cmacdonald@notl.org.

Dated at the Town of Niagara-on-the-Lake this 4th day of August, 2016.

NOTICE OF APPLICATION AND PUBLIC HEARING

2002 YORK ROAD, Minor Variance Application A-25/16

Description of the Land and Purpose and Effect of the Application:

The subject land is known municipally as 2002 York Road, lying west of Niagara River Parkway, Town of Niagara-on-the-Lake. The applicant proposes to construct a single detached dwelling on the subject lot. To accommodate the proposal variances are requested for property zoned "Overseer Community Zoning District - Established Residential (ER2)" as follows:

1. Maximum lot coverage from 15% as permitted in the Zoning By-law, to 20% for the proposed single detached dwelling.
2. Maximum building mass (width) from 50% of lot frontage as permitted in the Zoning By-law, to 79.58% for the proposed single detached dwelling.

PUBLIC HEARING

Date: Thursday, AUGUST 18, 2016
Time: 7:00 p.m.
Place: Council Chambers, Municipal Offices
Town of Niagara-on-the-Lake
1593 Four Mile Creek Road
Niagara-on-the-Lake, Ontario



ADDITIONAL INFORMATION

Additional information regarding the application will be available to the public for inspection at the Community & Development Services Department during regular office hours and may be viewed on the Town website, www.notl.org. Please contact Cathy Macdonald, Secretary-Treasurer Committee of Adjustment: 905-468-3266 ext. 246, cmacdonald@notl.org.

If you wish to be notified of the Committee of Adjustment decision on this application, you must make a written request to: Committee of Adjustment, Secretary-Treasurer, 1593 Four Mile Creek Road, Niagara-on-the-Lake, P.O. Box 100, Virgil, ON, L0S 1T0, cmacdonald@notl.org.

Dated at the Town of Niagara-on-the-Lake this 4th day of August, 2016.

NOTICE OF APPLICATION AND PUBLIC HEARING

312 Butler Street, Minor Variance Application A-24/16

Description of the Land and Purpose and Effect of the Application:

The subject land is known municipally as 312 Butler Street, lying south of Gage Street, Town of Niagara-on-the-Lake. The applicant proposes to construct an addition to the dwelling on the subject lot. To accommodate the proposal variances are requested for property zoned "Old Town Community Zoning District - Established Residential (ER)" as follows:

1. Minimum front yard setback from 7.5 metres, as required in the Zoning By-law, to 5.5 metres for the proposed front vestibule / foyer and covered porch addition.
2. Maximum projection into the required front yard from 1.5 metres as permitted in the Zoning By-law, to 4.0 metres for the uncovered steps section of the proposed front vestibule / foyer and covered porch addition.

PUBLIC HEARING

Date: Thursday, AUGUST 18, 2016
Time: 7:00 p.m.
Place: Council Chambers, Municipal Offices
Town of Niagara-on-the-Lake
1593 Four Mile Creek Road
Niagara-on-the-Lake, Ontario



ADDITIONAL INFORMATION

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If you wish to be notified of the Committee of Adjustment decision on this application, you must make a written request to: Committee of Adjustment, Secretary-Treasurer, 1593 Four Mile Creek Road, Niagara-on-the-Lake, P.O. Box 100, Virgil, ON, L0S 1T0, cmacdonald@notl.org.

Dated at the Town of Niagara-on-the-Lake this 4th day of August, 2016.

NOTICE OF APPLICATION AND PUBLIC HEARING

94 Cannery Drive, Minor Variance Application A-26/16

Description of the Land and Purpose and Effect of the Application:

The subject land is known municipally as 94 Cannery Drive, lying west of Concession 3 Road, Town of Niagara-on-the-Lake. The applicant proposes to construct a semi-detached dwelling on the subject lot. To accommodate the proposal variances are requested for property zoned "St. David's Community Zoning District - Residential (R1-17)" as follows:

1. To permit the proposed semi-detached dwelling.
2. Minimum northerly interior side yard setback from 1.2 metres as required in the Zoning By-law, to 0 metres for the proposed semi-detached dwelling.
3. Minimum setback from northerly interior property line from 1.0 metres as required in the Zoning By-law, to 0 metres for the proposed driveway.

PUBLIC HEARING

Date: Thursday, AUGUST 18, 2016
Time: 7:00 p.m.
Place: Council Chambers, Municipal Offices
Town of Niagara-on-the-Lake
1593 Four Mile Creek Road
Niagara-on-the-Lake, Ontario



ADDITIONAL INFORMATION

Additional information regarding the application will be available to the public for inspection at the Community & Development Services Department during regular office hours and may be viewed on the Town website, www.notl.org. Please contact Cathy Macdonald, Secretary-Treasurer Committee of Adjustment: 905-468-3266 ext. 246, cmacdonald@notl.org.

If you wish to be notified of the Committee of Adjustment decision on this application, you must make a written request to: Committee of Adjustment, Secretary-Treasurer, 1593 Four Mile Creek Road, Niagara-on-the-Lake, P.O. Box 100, Virgil, ON, L0S 1T0, cmacdonald@notl.org.

Dated at the Town of Niagara-on-the-Lake this 4th day of August, 2016.



1593 Four Mile Creek Road, PO Box 100, Virgil, ON L0S 1T0
Tel: 905-468-3266 • Fax: 905-468-2959 • E-Mail: info@notl.org
Hours of Operation: Monday to Friday, 8:30 a.m. to 4:30 p.m.

www.notl.org

NOTICE OF APPLICATION AND PUBLIC HEARING

1523 Niagara Stone Road, Minor Variance Application A-27/16

Description of the Land and Purpose and Effect of the Application:

The subject land is known municipally as 1523 Niagara Stone Road, lying east of Four Mile Creek Road, Town of Niagara-on-the-Lake. The applicant proposes to construct an addition to the brewery on the subject lot. To accommodate the proposed variances are requested for property zoned "Virgil Community Zoning District - Village Commercial (VC)" as follows:

1. Minimum rear yard setback where the rear yard abuts a residential zone from 12.0 metres as required in the Zoning By-law, to 3.0 metres for the proposed brewery addition.
2. Location of the outdoor patio restaurant from a minimum of 3.0 metres from the driveway as required in the Zoning By-law, to 0 metres.
3. Minimum width of the aisle providing access to the loading space from 7.3 metres as required in the Zoning By-law, to 6.0 metres.
4. Minimum parking space length from 6.0 metres as required in the Zoning By-law, to 5.1 metres for parking space #16.
5. Minimum distance of the parking area from the southerly interior side lot line from 1.0 metre as required in the Zoning By-law to 0.2 metres.

PUBLIC HEARING

Date: Thursday, August 18, 2016

Time: 7:00 p.m.

Place: Council Chambers, Municipal Offices
Town of Niagara-on-the-Lake
1593 Four Mile Creek Road
Niagara-on-the-Lake, Ontario



ADDITIONAL INFORMATION

Additional information regarding the application will be available to the public for inspection at the Community & Development Services Department during regular office hours and may be viewed on the Town website, www.notl.org. Please contact Cathy Macdonald, Secretary-Treasurer Committee of Adjustment: 905-468-3266 ext. 246, cmacdonald@notl.org.

If you wish to be notified of the Committee of Adjustment decision on this application, you must make a written request to: Committee of Adjustment, Secretary-Treasurer, 1593 Four Mile Creek Road, Niagara-on-the-Lake, P.O. Box 100, Virgil, ON, L0S 1T0, cmacdonald@notl.org.

Dated at the Town of Niagara-on-the-Lake this 4th day of August, 2016

NOTICE OF APPLICATION AND PUBLIC HEARING

501-503 East and West Line, Consent Application 8-26/16

Description of the Land and Purpose and Effect of the Application:

The subject land is known municipally as 501-503 East and West Line, lying west of Four Mile Creek Road, Town of Niagara-on-the-Lake. The part to be severed, shown as Part 1 on the application drawing, is an interior parcel on the east side of the 501-503 East and West Line property. Application is made for consent to convey Part 1, which is to be merged with the adjacent property shown as Part 2, known municipally as 1782 Four Mile Creek Road, for landscaped yard use. Part 3, with two dwellings, two storage sheds and a shed, known municipally as 501-503 East and West Line, is to be retained for farmland use.

PUBLIC HEARING

Date: Thursday, August 18, 2016

Time: 7:00 p.m.

Place: Council Chambers, Municipal Offices
Town of Niagara-on-the-Lake
1593 Four Mile Creek Road
Niagara-on-the-Lake, Ontario



ADDITIONAL INFORMATION

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If a person or public body that files an appeal of a decision of the Committee of Adjustment in respect of the proposed consent does not make written submissions to the Committee of Adjustment before it gives or refuses to give provisional consent, the Ontario Municipal Board may dismiss the appeal.

If you wish to be notified of the Committee of Adjustment decision on this application, you must make a written request to: Committee of Adjustment, Secretary-Treasurer, 1593 Four Mile Creek Road, Niagara-on-the-Lake, P.O. Box 100, Virgil, ON, L0S 1T0, cmacdonald@notl.org.

Dated at the Town of Niagara-on-the-Lake this 4th day of August, 2016.

NOTICE OF APPLICATION AND PUBLIC HEARING

23 Four Mile Creek Road, Minor Variance Application A-28/16

Description of the Land and Purpose and Effect of the Application:

The subject land is known municipally as 23 Four Mile Creek Road, lying north of Niagara Townline Road, Town of Niagara-on-the-Lake. The applicant proposes to construct a partially covered deck additional to the modular home known as Unit 115 on the subject lot. To accommodate the proposal a variance is requested for property zoned "S1, Davis Community Zoning District - Residential Medium Density (RM1-1)" as follows:

1. Maximum height (to peak from average grade) of a mobile or park model home, excluding footing or foundation, from 3.6 metres as permitted in the Zoning By-law, to 5.3 metres for Unit 115 with the proposed partially covered deck addition.

PUBLIC HEARING

Date: Thursday, August 18, 2016

Time: 7:00 p.m.

Place: Council Chambers, Municipal Offices
Town of Niagara-on-the-Lake
1593 Four Mile Creek Road
Niagara-on-the-Lake, Ontario



ADDITIONAL INFORMATION

Additional information regarding the application will be available to the public for inspection at the Community & Development Services Department during regular office hours and may be viewed on the Town website, www.notl.org. Please contact Cathy Macdonald, Secretary-Treasurer Committee of Adjustment: 905-468-3266 ext. 246, cmacdonald@notl.org.

If you wish to be notified of the Committee of Adjustment decision on this application, you must make a written request to: Committee of Adjustment, Secretary-Treasurer, 1593 Four Mile Creek Road, Niagara-on-the-Lake, P.O. Box 100, Virgil, ON, L0S 1T0, cmacdonald@notl.org.

Dated at the Town of Niagara-on-the-Lake this 4th day of August, 2016.

NOTICE OF APPLICATION AND PUBLIC HEARING

1567 Niagara Stone Road, Consent Application 8-27/16

Description of the Land and Purpose and Effect of the Application:

The subject land is known municipally as 1567 Niagara Stone Road, lying east of Four Mile Creek Road, Town of Niagara-on-the-Lake. The part to be severed, shown as Part 1 on the application drawing, has frontage on the east side of Niagara Stone Road, Town of Niagara-on-the-Lake. Application is made for consent to convey Part 1, which is to be merged with the adjacent property shown as Part 3 and known municipally as 1561 Niagara Stone Road, for commercial use. Part 2, with one building and one garbage enclosure, known municipally as 1567 Niagara Stone Road, is to be retained for commercial use.

PUBLIC HEARING

Date: Thursday, August 18, 2016

Time: 7:00 p.m.

Place: Council Chambers, Municipal Offices
Town of Niagara-on-the-Lake
1593 Four Mile Creek Road
Niagara-on-the-Lake, Ontario



ADDITIONAL INFORMATION

Additional information regarding the application will be available to the public for inspection at the Community & Development Services Department during regular office hours and may be viewed on the Town website, www.notl.org. Please contact Cathy Macdonald, Secretary-Treasurer Committee of Adjustment: 905-468-3266 ext. 246, cmacdonald@notl.org.

If a person or public body that files an appeal of a decision of the Committee of Adjustment in respect of the proposed consent does not make written submissions to the Committee of Adjustment before it gives or refuses to give provisional consent, the Ontario Municipal Board may dismiss the appeal.

If you wish to be notified of the Committee of Adjustment decision on this application, you must make a written request to: Committee of Adjustment, Secretary-Treasurer, 1593 Four Mile Creek Road, Niagara-on-the-Lake, P.O. Box 100, Virgil, ON, L0S 1T0, cmacdonald@notl.org. The subject land is the subject of an application under the Act for a minor variance, re: 1567 Niagara Stone Road Minor Variance Application A-25/16.

Dated at the Town of Niagara-on-the-Lake this 4th day of August, 2016.

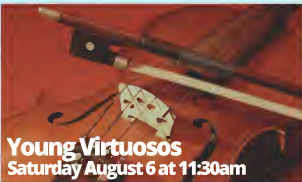
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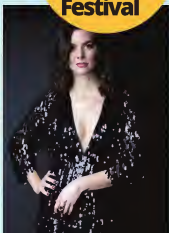
Young Virtuosos

Saturday August 6 at 11:30am



The John Sherwood Trio

Saturday August 6
at the Epicurean 9:45 pm



Rachmaninov & Ribs

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Saturday August 6
7:00 pm St Mark's Church



Sara Davis Buechner

Monday August 8
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Pressgang Mutiny

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The Karakoro Drums of Japan

Sunday August 6
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Councillors pass scent awareness bylaw

SUZANNE MASON

Special to the Niagara Advance

Anyone using town facilities in Niagara-on-the-Lake will be discouraged from using fragrances following the passage of a scent awareness bylaw last Monday.

A concern by a resident with environmental sensitivities prompted staff to do some research on the issue, look into what other municipalities in the Region are doing and consult with the

town's solicitor.

"In terms of Human Rights there is also conflict with others wanting to exercise their rights to wear fragrances, wash their clothes in a particular product or (use) deodorants for example," reported Ann Trudeau, the town's manager of human resources.

"These are situations the town would have little control over," she said, but the town could adapt its ordering of cleaning products and require employees to comply

with the new policy.

Trudeau reported that if the town were to adopt a scent-free policy, it would be required to use scent-free cleaning products, filter air in the buildings, use odour-free paint, not use carpeting and police users of the facilities.

"That would place the town in a position of hardship," she said, adding that it would be very difficult to enforce in the public areas of facilities.

None of the other 11 municipalities in the Niagara Region have adopted policies on this issue and the Region's public health department advised there is little information available as "it appears to have far-reaching consequences for a staff report on a list of all cleaning products used at town buildings

and the feasibility of switching to eco-friendly products. Her motion was defeated.

Coun. Martin Mazza, who owns a restaurant, said bleach is commonly used in the food industry.

"Bleach doesn't smell pretty, but it does the job," he said. "As long as we can guarantee clean and sanitary, that's far more important than people's sense of smell."

Coun. Marcia Bau-Coote pointed out how difficult it

is to monitor scents, even in health care environments. "People that smell overly pretty or unkempt... to try to police scent-free would be very challenging," she said.

The scent awareness bylaw was passed unanimously without further discussion Monday. Signs regarding the new policy will be posted at all town facilities and on the website. Staff will also look into buying scent-free cleaning products when current products are used up.

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Penne (Pasta)
Penne (Pasta)
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MPP goes on duty with Niagara cops

RAY SPITERI
Postmedia Network

Wayne Gates always wanted to be a police officer. He got his chance this weekend.

The Niagara Falls NDP MPP tagged along with Niagara Regional Police Sgt. Nilan Dave from 6 p.m. Saturday to 4 a.m. Sunday.

Decked out in a vest and an observer badge, Gates got to see what police officers deal with on a shift.

"I always wanted to be a police officer or a firefighter, but when I was young you had to be over five feet, so I didn't get the opportunity to do it," he said with a laugh.

"I watch the news and I believe that police officers are very dedicated, they work extremely hard, they're there to protect in service, and I think some of the comments (in the United States) that have been made around police officers aren't fair.

"I wanted to see, firsthand, exactly what a shift is like. I thought that the best way to do that is to be hands-on, rather than just talk to people about it, to actually see exactly what they go through on a shift."

Gates said he attended a debriefing at about 5:30 p.m. He said he went out on about 10 calls that showed some of the diverse issues police officers have to deal with on a duty basis.

"One of the first calls we got was for a mental-health issue. Mental health related calls are really increasing, particularly among young people," he said.

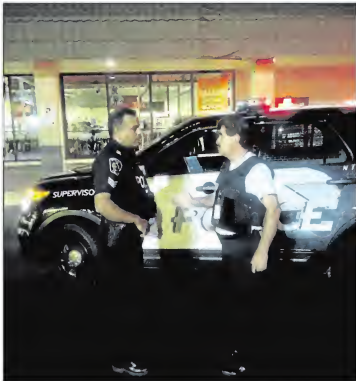
Gates said the call was for a young man who was suicidal and who had a knife and a hammer.

While he remained in the cruiser, Gates said officers spoke to the young man and encouraged him to seek professional help. He said the man agreed and was taken to hospital for treatment.

"You never know what's going to happen when you walk in the door," said Gates, adding officers are increasingly having to spend more time in hospitals when it comes to mental-health issues.

"Our officers spend so much time at the hospital, which can take them off the streets for an extended period of time."

He said a report that some people had fallen off their Sea-Doos in the Niagara River showed the teamwork that takes place between local emergency personnel



NIAGARA FALLS NDP MPP WAYNE GATES SPENDS A SHIFT ON DUTY WITH NIAGARA REGIONAL POLICE SGT. NILAN DAVE. SPITERI/NIAGARA FALLS REVIEW

such as police, fire and paramedics, as well as their counterparts in the United States. Gates said the people ended up being OK.

He said there were a number of missing-person reports, particularly from

parents not knowing where their teenaged kids were.

"We went to a hit and run in the Lundy's Lane area, stopped individuals going through red lights and went to a backyard fire (complaint)," said Gates, adding

he believes firefighters were called to put the fire out.

"It's a very difficult job being a police officer. I now have a better understanding of what they do. It was very informative. They put their lives on the line for us every day and can go to calls that can turn out to be very explosive situations."

He said he was impressed by the teamwork also shown by all the officers on the shift, and by the "heart and soul" Sgt. Dave puts into his job.

"You could see his team, the amount of respect they had for him and the trust they had in him."

Gates said as an MPP, he believes he has a responsibility to know what police officers are facing every day.

"I've always said, when there's any danger, we're running out and they're always running in," he said.

"I wanted to show them that they have lots of support in our community, that people respect the job they do."

rspiteri@postmedia.com
Twitter: @RaySpiteri

PUBLIC NOTICE OF PESTICIDE USE

The Town of Niagara-on-the-Lake

The Town of Niagara-on-the-Lake intends to control aphids in hanging baskets and planters along the following roadsides:

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Music Niagara to begin this weekend with tribute to Duke Ellington

CHRIS BLAKE
Special to the Niagara Advance

Another weekend of diverse and entertaining music comes your way this weekend at Music Niagara.

It all begins on Friday night with a tribute to the great Duke Ellington by a group of Canada's greatest jazz luminaries. The band is led by clarinetist James Campbell and includes the remarkable Gene DiNovi on piano, Dave Young on bass, Glenn Anderson on drums and Drew Jurecka on violin. This thrilling cabaret-style concert features the music that made Duke Ellington famous and the music that Ellington made famous. This is an all-star cast with material that is as timeless as it is inspiring.

Saturday morning at Addison Hall you can catch the first of our two Young Virtuoso concerts showcasing the brilliant young artists of the Music Niagara Performance Academy, an innovative training and development program for exceptional young musicians; the second comes up the following weekend. Playing at this concert are violinists Jasmine Lin and Vivian Ni.

On Saturday evening we present Rachmaninov and Ribbs with a Side of Sibelius featuring a rising star of the Canadian opera scene, the dramatic colouratura soprano Ambur Braid. Ambur will be singing the songs of Sibelius and Polish pianist Janusz Grzelazka will play three of Rachmaninov's piano works. Between the acts there will be a traditional picnic supper of grilled ribs on the lawn at St Mark's. The concert will

be hosted and introduced by WNED classical music radio's Peter Hall.

Later Saturday night I suggest you visit the patio at The Epicurean for a jazz show by the great Canadian pianist and local hero, John Sherwood. John is a past master of the great American songbook and his piano chops are as exceptional and they are entertaining.

On Sunday afternoon in Simcoe Park we mark the 5th annual Toronto of the Karakoro Drums of Japan. Music Niagara favourites, this dedicated band of dancers and drummers tell Japanese stories, fables and history with passion and precision, colour and humour. They fill the park with lions and dragons and our imaginations with memorable images of Japanese culture.

At Reif Winery on Sunday night the wild and crazy men of Pressgang Mutiny belt out their extraordinary repertoire of songs of the sea, salty shanties rendered with remarkable harmonies. These dedicated preservers of a great oral tradition are keeping alive a treasury of work songs from around the world.

The weekend wraps up on Monday night at St Mark's with pianist Sara Davis Buechner, widely recognized as one of the leading keyboard artists of our time. Sara has appeared with many of the world's most prominent orchestras and is internationally praised for her intelligence, integrity and technical prowess. The program includes works by Mozart and Gershwin.

Tickets are available through the State Festival Box Office and the Music Niagara website - musicniagara.org.

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Sweeney Todd is bloody good fun at Shaw

For a Shaw Festival season which never seemed to get on track, Sweeney Todd at least makes sure it ends bloody well.

The tenth and final opening of the 2016 season is also the biggest crowdpleaser — a macabre mix of music and morbid laughs delivered with particular gusto by a veteran cast. A cast that clearly wants to knock it out of the park for artistic director Jackie Maxwell in her Shaw Festival finale.

She leaves after 14 years on an appropriate high note, getting killer performances from two actors who excelled under her watch — Benedict Campbell and Corrine Koslo. These longtime Shaw favourites so dominate this thrilling musical, it's worth a slit throat or two.

Campbell, the polar opposite of the neighbourhood gentleman he plays in his other show this season — *Our Town* — brings the right touch of menace and sympathy early on as Sweeney Todd, a former barber known as Benjamin Barker, returning to London after 15 years of exile. We soon learn a crooked judge (Marcus Nance) banished him in order to get his

hands on his wife, Lydia. Even worse, he hears she then killed herself, and his daughter Joanna (Kristi Frank) is now a ward of that same judge.

Todd gets all this lousy news from Fleet Street meat shop owner Mrs. Lovett (Koslo), who happens to make "the worst pies in London." Knowing his little secret, she presents him with a present: His collection of sterling silver razors. Time for some payback.

He holds them like Gollum with *The Ring*: "At last my right arm is complete again!"

Being an unconventional opera, much of the dialogue is told through Sondheim's glorious music, dished with horror movie finesse by music director Paul Sportelli. His orchestra bounces from melancholic to menacing, always setting the table just right.

It all gets beautifully in the demented number to end the first act, *A Little Priest*, in which Todd and Mrs. Lovett devise their plan. He'll whack the customers, she'll use the flesh for her meat pies. They playfully wonder what



Benedict Campbell and Corrine Koslo star in the Shaw Festival's production of *Sweeney Todd*. It opened Saturday at the Festival Theatre.

priests, lawyers and even actors taste like.

Mrs. Lovett: "I prefer Gen-

eral."

Todd: "With or without his privates? The second act is fiendish fun as Todd racks up the body count and Mrs. Lovett's pies become big sellers. But Campbell is a tormented serial killer,

yearning for his daughter and angry he still can't get the judge to return to his chair after a botched first attempt. Sure enough, things unravel when he schemes to get him back to the shop, using his daughter as bait.

Is it dark? Of course, but this isn't nearly the emotional wringer of Uncle Vanya or *Master Harold...* and *The Boys* this season. It's not even the darkest musical the Shaw has done lately — Cabaret a few seasons ago was much more grim and unsettling. As for the gore, this is nothing like the Tim Burton movie may have led audiences to believe. Blood is only visible in two scenes, and only then a small trickle. Most of the slashings are implied.

That leaves an exceptional cast doing Sondheim proud in the festival's best show of the season. For such a grim premise, Sweeney Todd is loads of fun with one of Sondheim's most complex and memorable scores. And it's a triumph for Maxwell, who arrived at Shaw in the considerable shadow of former artistic director Christopher Newton, and leaves with a huge shadow of her own. This show, like most of her 14 years, cuts deep.

Or, as the ensemble sings of Mrs. Lovett's meat pies, "God, that's good."

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'Campus' envisioned for long-term care home

MARYANNE FIRTH
Postmedia Network

Niagara Region will embrace a campus or hub style model when redeveloping three of its long-term care homes.

Upper Canada Lodge in Niagara-on-the-Lake and Gilmore Lodge in Fort Erie, each with 80 beds, as well as Linhaven in St. Catharines with 248 beds, are under review by the Region.

As the homes will not meet structural compliance requirements by 2025, a task force including councilors, regional staff and industry experts was formed in 2015 to determine options for redevelopment.

Under the campus-style model, a new facility will be constructed to include between 128 and 224 long-term care beds - but the details of where that home will be built or what, if any, impact it will have on area facilities has yet to be determined.

The property, recommended by staff to be 12 to 19 acres in size, could house a slew of other on site services and amenities, such as a pharmacy, retail space, medical centre and retirement residences. With a model supported, the next step will have staff developing a business case for the three homes under review and optimal bed distribution. It will include bed allocation strategies and options, full financial model development, options for campus components

In each community, preferred procurement approaches and risk analysis.

The business case is expected to be submitted to council before the end of January.

While some initial public consultation has taken place, further input will be sought once the business plan is completed and more tangible options are available, acting commissioner of corporate services Jason Burgess said.

At that point staff will have recommendations available about the size and possible location of the buildings, he said.

In order to attract outside investment in the campus, the long-term care home must be of "sufficient size," hence the minimum bed requirement, a staff report recently presented to council indicated.

Through consultation with operators of not-for-profit, for-profit and municipal homes, staff determined new facilities are being developed in pods of 32 beds, typically with 160 or more beds in total.

Because of the size recommendations, construction of three new homes will not be feasible, Burgess said.

Larger facilities are meant to enhance the experience of residents with more diverse services and tend to come with operational efficiencies, such as shared laundry or kitchen services and property maintenance, he said.

It will have to be determined

down the road whether the Region will own the chosen campus space, benefiting from rental revenue, or if it will buy into an already existing

campus, he added.

All plans concerning the homes will have to first be approved by regional council and then by the

Ontario Ministry of Health and Long-Term Care.

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NIAGARA ADVANCE ■ THURSDAY, AUGUST 4, 2016

Jazz fest hopes to play on

ANDREA TINOV
Postmedia Network

Thousands of music-lovers crowded Simcoe Park Saturday at the third Niagara Jazz Festival.

Co-founder Juliet Dunn says this year's festival has expanded, but also streamlined.

"We're really trying to tighten it up in our third year and we're just thrilled with how it's going," she said.

The festival kicked off Friday in St. Catharines and continued Saturday and Sunday in Niagara-on-the-Lake. There was even a Didieland jazz brunch on a boat.

Niagara Jazz Festival wrapped up at Ost House Sunday night.

Dunn estimated there were upwards of 7,000 spectators at Simcoe Park Saturday.

There was lots to offer participants. There were dance lessons, a petting zoo, alcoholic beverages and, of course, great music.

There were two new stages to Simcoe Park, as well as an expanded drinking area and two Steinway pianos.

"We want to give people the best

possible show," said Peter Shea, artistic director and co-founder.

"We want them to walk away going, 'That was amazing, I'm gonna come back year after year because I was moved' or 'I cried' or 'I had great a great time.'" Shea and Dunn hope to inspire the next generation. The festival even had a "jazz petting zoo" where kids could play with real instruments.

"I just filmed the kids zone and I almost had a tear in my eye because here's the new generation getting engaged," said Shea. "It's just amazing. That's what it's all about, bringing the community together."

However, the not-for-profit is still struggling financially. Despite fundraising efforts, the free event has yet to break even.

"This event costs about \$200,000 to run," said Dunn. "That's why we go around with donation buckets."

For this to run, we've got to break even. If the community comes on board by donating or sponsoring, we'll keep it going if we can. There are some really high-end artists we're getting in here."

CONTINUED > PAGE 24

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'I'm pleased to be playing with some of the best musicians in town'

CONTINUED > FROM PAGE 22

One of those high-end artists is Luis Maria Ochoa, a Cuban musician who performs Latin jazz. He travelled from the States to play at Simcoe Park Saturday.

"I'm pleased to be playing with some of the best musicians in town," he said.

Festival organizers want to eventually find a middle ground where they

can continue to make the event accessible, while also increasing the sound quality. "We want to be in a world-class performing arts centre so we can have a controlled environment of sound to really like focus on that," said Dunn.

But for now they're just enjoying the music.

"I feel like it's a bucket list thing for us, to do something like this," said Shea. "It's once in a lifetime, it's an epic thing."



JENNIFER CHORLEY/SPECIAL TO THE NIAGARA ADVANCE

Here, Joel Parisien performs at the Fiesta stage. He performed on the piano and vocals, with Richard Moore on bass and Don Pham on drums. Parisien is a Toronto-born, Niagara-based singer, songwriter, musician and producer, specializing in soul, gospel and classic R&B.



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Hip's last concert to be live-streamed at Meridian Centre

KARENA WALTER
postmedia network

Tragically Hip fans can gather to watch the band's final concert by video at the Meridian Centre.

The downtown arena will be broadcasting the iconic Canadian group's last concert live on Aug. 20 on its jumbotron scoreboard.

"It may be a bit of nostalgia for people who saw them here last year," said Meridian Centre spokeswoman Kay Meillieur,

explaining there were over 5,000 people in the building for the February 2015 concert.

"If they don't have tickets hopefully they can relive the moment a little bit."

The Tragically Hip have embarked on a goodbye tour this summer after frontman Gord Downie was diagnosed with terminal brain cancer. The band's final concert is being held in their hometown of Kingston.

Meillieur said the Merid-

ian Centre will lower the 12-foot by 17-foot four-sided scoreboard during the event and bring in additional sound systems so participants feel like they're in a concert.

Tickets are free and available at the Meridian Centre's box office. There is a limit of four per person.

The Canadian Cancer Society will accept donations at the event in Downie's honour.

Doors open at 7:30 p.m. on Aug. 20 and the concert begins at 8:30 p.m.

Concession stands will be open.

The event comes after St. Catharines Coun. Mat Siscoe asked staff to find a location where the concert could be live-streamed.

He said Wednesday the Tragically Hip are the quintessential Canadian band and many people weren't going to get the chance to see them in concert again because tickets sold out.

The original idea was to stream the concert in a park, but Siscoe said the Merid-

ian Centre wanted to get involved.

"They're putting together something I think is going to be a great low-cost event of the city and a great no-cost event for residents," he said.

The concert broadcast is one of a series of ways St. Catharines has tried to honour Downie and the Tragically Hip.

In May, council approved a motion by Coun. Bruce Williamson requesting that Downie and the band be awarded the Order of Can-

ada and that the process be expedited because of Downie's diagnosis.

The resolution was sent to the Chancellery of Honours by MP Chris Bittle and was supported by Niagara-on-the-Lake and Port Colborne councils and acknowledged by the Prime Minister's office.

St. Catharines Mayor Walter Sendzik is currently growing a beard for 11 weeks in a fundraiser for the Walker Family Cancer Centre in honour of Downie.

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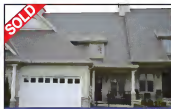
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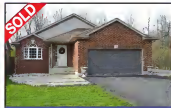
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The new Canadian Junior Football League team getting ready to make its first play in Niagara is also hoping for a warm reception from the community.

The Niagara Regional Raiders are in the process of putting its roster together but also making an effort raise awareness about their arrival after relocating from Burlington.

Training camp began last Tuesday in Virgil and head coach Brad Anderson expects his roster will consist of 45 players - most of whom will be from the local pool of talent.

"We're going to draw as many players as we can

from the Niagara region," said Anderson.

Players and coaches will also be visible at this weekend's Ribfest in St. Catharines - promoting the team, recruiting a fan base and collecting donations.

"We want to raise more awareness and that's going to be a lot of people going through there for three days," said Anderson.

The team's budget this year is pegged at \$75,000. Practices are held at the former Niagara-on-the-Lake Public School in Virgil, giving the team its own field and clubhouse to prepare for battle at throughout the eight-game season.

"That complex fits 100 per cent for us," said Anderson.

Home games are played at Kiwanis Field in St. Catharines. The inaugural home opener is scheduled for Aug. 21 at 2 p.m. against the Hamilton Hurricanes.

Coaching staff is expecting the bulk of this year's roster will be players who are attending Niagara College or Brock University.

The CJFL is often a feeder system into the Canadian Football League and Canadian Interuniversity Sport.

A lot of the players still have a thirst for the game after high school but in many cases choose to stay away from the intensity and "rigidity" of CIS action, said Anderson.

"It's life after-high school football," he added.

Anderson is also confident he can put together a solid squad considering the amount of skill that he has already seen in local high school programs - which he says is also full of excellent coaching.

Rhonda Reid, director of sales and marketing for the Raiders, says she hopes local businesses pull through and support Niagara's newest sports team.

"We'd like to find a major sponsor - even two or three major sponsors," said Reid.

Anyone interested in offering support to the team can call Reid at (416) 414-4240.

The team's website is www.niagarairaidersfootball.ca.



FILE PHOTO/POSTMEDIA NETWORK

Brad Anderson, head coach of the Niagara Raiders, Canadian Junior Football League, is photographed on the field at Gateway Community Church in Virgil.

Niagara-on-the-Lake Worship Directory

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Message: Kevin Bayne, Pastor
Title: The Bread of Life

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Niagara-on-the-Lake
905-688-2525

Sunday, August 7th

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10:30 am Worship Service

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Pastor Greg Alderton

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life abundant niagara

Pastor Rick Mills

364 Cavendish Rd

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Message:

W.A.I.T.

9:30AM coffee

10:30AM worship

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www.lifeabundantniagara.com

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(905) 468-3313 fredrickchurch.ca

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The family also wanted to say thank you to Deacon John for his comforting words.
We are overwhelmed.
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In Loving Memory
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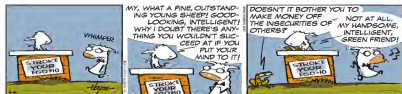
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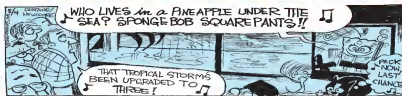
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ACROSS

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4 Ominous date
5 Patron of Alice's
6 ___ generic
7 Louisville-to-Nashville dir.
8 Fare-well bridge
9 Scottish resort town known for its whisky
10 Defeat at the polls

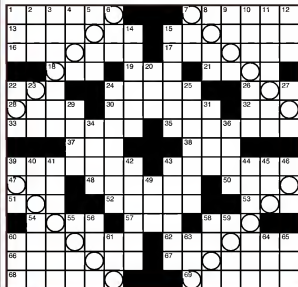
ACROSS

- 43 See 33-Across
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57 "There's ___ in ___"
58 XL squared
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62 Indian spiced drink
66 Wearing, with "in"
67 Lots of shots
68 Juiced-up Roadsters?
69 Breaststones

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14 Doling (out)
15 Decline
20 Furthermore
22 Mil. bravery medal
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What does baldness say about heart health?

A Czech proverb says, "A good man grows grey and a rascal bald."

And Thomas Dekker wrote in *The Gull's Hornbook* in 1609, "How ugly is a bald pate! It looks like a face wanting a nose."

Now, a Japanese report says men with baldness should be less concerned about how it affects their looks. Rather, it's the lack of hair associated with increased risk of coronary artery disease.

The Japanese findings were published online in the British medical journal *Open*. The study involved 40,000 males whose hair pattern was graded as frontal, crown-top baldness or a combination of the two. The conclusion was not all bald men are created equal.

Men with frontal baldness had a 22 per cent increased risk of coronary disease. For males with crown-top baldness, the risk increased to 52 per cent, and if men had both crown-top baldness and frontal loss of hair, the risk increased to 69 per cent.

This Japanese study is not



DR. GIFFORD JONES
THE DOCTOR
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an isolated one. Harvard researchers also reported a man's chance of heart disease depends on when hair loss started, how fast it is occurring and that hair loss on the top of the head was more likely to be associated with coronary disease.

Medical literature, however, cites a number of studies that were unable to find a significant association between hair loss and heart disease.

Other good news is those with just receding hairlines were not at increased risk of heart trouble.

But what causes baldness? The reason for this loss of hair is not clear. Dr. Tomohide Yamada at the University of Tokyo speculates hormones might play a role and insulin resistance, the forerunner of diabetes, may be implicated since it causes atherosclerosis (hardening of arteries). Atherosclerosis

is mentioned in several reports on hair loss and suggests if baldness is present, atherosclerosis should be suspected.

So, what should balding males do, particularly those who lose hair on the top of the head at an early age? They should inquire whether male relatives who suffered hair loss had a coronary at an early age and, if this is the case, start to eliminate as many risk factors as possible that are known to be associated with heart disease.

If further research shows atherosclerosis is a major cause of hair loss, doctors will want to treat it the same way as they treat atherosclerosis in coronary disease. This means 99 per cent of doctors will prescribe cholesterol-lowering drugs (GLDs).

Many readers are aware I had a heart attack 19 years ago and said no to GLDs. Rather, I decided to take high doses of vitamin C and lysine in a product called Medi-C Plus available in health-food stores. I had interviewed Dr. Linus Pauling, two-time Nobel

Prize winner, who told me animals make vitamin C and humans lost this ability eons ago due to a genetic mishap.

Pauling explained vitamin C is needed for the manufacture of collagen, the glue that holds coronary cells together. A lack of C means a poor collagen level. Cracks then appear between coronary cells, setting the stage for a fatal blood clot.

Recently, Dr. Sydney Bush, an English researcher, made a monumental discovery. He took photos of the retinal arteries of patients, then gave them 6,000 milligrams of C and 5,000 of lysine. (Lysine adds strength to coronary arteries just like steel rods increase the strength of concrete.) A year later, he repeated the photos.

To his surprise, he found atherosclerosis fading away. In effect, vitamin C can prevent and reverse atherosclerosis.

These before-and-after photos are on my website, docjiff.com, and you do not need to be a doctor to see the difference. But



FILE PHOTO

remember I am not your doctor. Moreover, long-term double-blind studies will never be done as vitamin C and lysine are natural products that cannot be patented. This means no one is going to spend millions for a study without a profit. But I believed

Pauling's research made sense.

Besides, I'm still alive 19 years later, when cardiologists said I'd be dead in two years without GLDs.

For more information, visit docjiff.com or e-mail info@docjiff.com.

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